



Essential Evangelization

Bread for Life

We have some very important Catholic apologetics for the Sacrament of the Eucharist. Jesus had a new contingent of followers who had just days earlier experienced the miracle of the multiplication of the loaves and fishes. These yet unbelievers were looking for more signs and miracles from Him, but Jesus simply replied, "This is the work of God, that you believe in the one he sent."

As Catholics, we are the only Christians blessed to have the "True Presence" of Jesus in the sacramental gift of His Body and Blood. If you have trouble with that core Catholic belief, there is a very important book you should read entitled, *Eucharistic Miracles* by Joan Carroll Cruz. It chronicles some very famous and extraordinary events associated with this great sacrament over the centuries. There is also a recent and fascinating modern day "Eucharistic miracle" that can be found explained in video format on the popular Catholic website *Catholic Answers* at www.catholic.com.

Just as there were skeptics in Jesus' time we can easily find them today in our other skeptical Christian friends and family. As good Catholic evangelizers however, we need only to point them to John, Chapter 6 for the real story on the Real Presence. This Gospel story also goes on to tell us that as a result of this hard to fathom truth, many of Jesus' disciples returned to their former way of life and no longer accompanied him. And Jesus then said to the Twelve, and it is a question echoing to all of us down through the ages, "Do you also want to leave?"

"...my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives light to the world.' So they said to him 'Sir, give us this bread always.' Jesus said to them, 'I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst.'" *John 6: 34-35*

*This is one of a series of articles on
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