



## *Essential Evangelization*

### **Advent = Personal Evangelization**

One of the very great things about the Christmas season is the anticipation of the big day. Spending time with family and friends in the holiday season is something most of us very much look forward to. But before we really get into “the day” we frantically fill all our other days with seasonal preparations, shopping, decorating, partying, and the like. The best of us can really get caught up in the frenzy and have little time left over to spend with the Real Reason for the Season. Wouldn't it make more sense to make the time or even schedule a regular time of our day for some personal spiritual growth? To take the time to spend with Our Lord and Saviour so that we may increasingly experience the joy of His coming? So He does not get just whatever left over energy we have at the end of the day? This Advent Season let us all strive to SLOW DOWN and schedule some up front time with Him. Him who made the time to be with you and me as the God With Us and the Word Made Flesh.

Some ideas to make our Christmas the best ever can include:

- Pray the parish family prayer book daily with our family.
- Set aside a half hour a day to pray: communicate with Our Lord, the one who should be our most important relationship.
- Read Scripture or the Little Blue Advent Books and reflect on the meaning of the message for our lives right here and right now.
- Really forgive someone who has offended you in the past.
- Rekindle a lost friendship.
- Help someone who is troubled at the current time by a personal visit to just listen.
- Spend a day helping out at a soup kitchen, ringing a bell, or donating food, clothing or money to someone or some family who is less fortunate than us this year.

Before we can be good Evangelizers in this very opportune evangelizing Christmas season we need to take the time to let the Lord first “evangelize us.”

*“A God who became so small, can only be mercy and love.”*

*St. Therese*

*This is one of a series of articles on  
Evangelization from the  
Evangelization Committee*